

THE TRAFFORD ARMS

FOOD SERVED

Monday – Friday
12 midday – 2.30pm
6pm – 8.30pm

Saturday
Breakfast 10am – midday
12 midday – 8.30pm

Sunday
Breakfast 10am – midday
12 midday – 6pm

BAR SNACKS; NIBBLES; APPETISERS; STARTERS

CHILLI NACHOS 5.95

Crispy nachos and prime beef chilli topped with melted cheese

Crispy nachos and vegetarian bean chilli topped with melted cheese

DEEP FRIED WHITEBAIT 5.95

Served with lemon mayonnaise, brown bread and butter

MUSHROOMS ON TOAST 5.95

Creamy mushrooms on toast

PLOUGHMAN'S PLATTER 5.95

Crisp celery and radish, chutney and pickled onion, mature Cheddar cheese and fresh roll and butter

CYNTHIA'S HOMEMADE SAUSAGE ROLL

2.50

CHIPS 2.20

CHEESY CHIPS 3.20

GARLIC BREAD 2.50

CHEESY GARLIC BREAD 3.35

HOT DRINKS

WHITE OR BLACK COFFEE 1.65

DOUBLE ESPRESSO 1.65

CAPPUCCINO 1.65

MOCHACCINO 1.65

HOT CHOCOLATE 2.50

DECAFFEINATED FILTER COFFEE 1.65

TEA 1.65



Weekend breakfasts

Saturday and Sunday 10am – midday

Full English, vegetarian breakfast, scrambled eggs and smoked salmon and more – perfect to set you up for the day!



TRAFFORD FAVOURITES

TRADITIONAL LASAGNE 7.95

Beef and tomato ragu, pasta and creamy béchamel and cheddar cheese sauce served with garlic bread and salad

HAM, EGG & CHIPS 6.95

Hand carved locally cured ham, free range fried egg and chips

SCAMPI AND CHIPS 7.95

Traditional whole tail Whitby scampi and chips served with homemade tartare sauce and salad

SPINACH & MUSHROOM PANCAKE 7.95

Cooked in a creamy cheese sauce topped with toasted pumpkin seeds and served with salad

HOMEMADE PIE OF THE WEEK 7.95

Please ask or see the board above the bar - seasonal and delicious - topped with a short crust pastry lid and served with chips and peas

SAUSAGE & MASH 8.50

Swannington Farm-to-Fork sausages, creamy mash, cabbage and onion gravy

DESSERTS

BLACKBERRY AND APPLE CRUMBLE 3.95

Served with custard

STICKY TOFFEE PUDDING 3.95

Served with cream

CRÈME BRULÉE 3.95

WARM CHOCOLATE BROWNIE 3.95

Served with ice cream

LAKENHAM CREAMERY ICE CREAMS 3.95

SUNDAY ROASTS

ROAST BEEF 7.75

Roasted topside of beef

ROAST CHICKEN 7.75

Succulent roasted breast of chicken with homemade stuffing

ROAST PORK 7.75

Roasted pork loin and crispy crackling

VEGETARIAN NUT ROAST 7.75

Served with vegetarian gravy

