

THE TRAFFORD ARMS

Small plates/Starters

Crispy calamari with a garlic and lemon aioli **(DF)** £6.95

Breaded Brie served with dressed leaves and cranberry dip **(V)** £6.50

Spicy cauliflower - battered cauliflower florets topped with a spicy tomato sauce **(Ve)** £5.50

Chicken liver pâté served with dressed leaves and crusty bread £6.50

Homemade nachos with cheddar, tomato salsa, guacamole, sour cream and jalapenos **(V)**
£6.25 or £10.50 for sharing portion

Add chunky beef chilli for £2.00

Mains

Trafford burger 8oz beef burger in a sesame seeded brioche bun with tomato relish, mayonnaise, iceberg lettuce, red onion, tomato and gherkin served with hand cut chips and chilli jam £12
Add smoked bacon or Cheddar or Stilton or red onion marmalade £1.00 each

Thai veggie burger - sweet potato and vegetable burger infused with lemongrass, coriander, garlic, ginger and chillies in a seeded brioche bun with tomato relish, mayonnaise, iceberg lettuce, red onion, tomato, gherkin served with hand cut chips and chilli jam **(V)** £11.50

Texan chicken burger – spicy breaded chicken fillet with lettuce, gherkin, tomato, jalapeños, tomato relish and mayonnaise served with fries and chilli jam £12.00

Fish and chips - local ale battered cod with hand cut chips, garden peas and homemade tartare sauce **(DF)** £13

Scampi and chips – whole tail breaded scampi served with hand-cut chips, homemade tartare sauce and garden peas **(DF)** £12

Umami chicken - pan-fried chicken breast topped with umami dressing served with steamed rice and salad £11.50

Ham, egg and chips – Honey and mustard roast ham, free-range eggs and hand cut chips £11.50

Swannington Farm-to-Fork black pepper sausage and mash with honey roast carrots and parsnips, broccoli and onion gravy £12.00

8oz sirloin steak served with garlic mushrooms, onion rings, grilled tomato, fries and salad £21.50

Japanese vegetable curry - a mild Japanese style curry filled with vegetables served with steamed rice **(Ve GF)** £10.50

Cod and salmon fishcakes with steamed asparagus, homemade tartare sauce and salad garnish £11.50

Chunky beef chilli with fresh chilli, spices and kidney beans served with rice, guacamole and sour cream **(DFa GF)** £12.00

Lasagne - beef and tomato ragu, pasta, creamy bechamel and Cheddar sauce served with garlic bread and salad £12.00

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Loaded fries

Smoked bacon, red onion marmalade, garlic mushrooms and melted cheddar £8.50

Chunky beef chilli, guacamole, sour cream and jalapeños £8.50

Roasted red pepper, tomato salsa, guacamole and crispy onions **(Ve)** £8.50

Ciabattas

Goat's cheese and red onion marmalade **(V)** £6

Cajun chicken, mayonnaise and iceberg lettuce £6

B.L.T with mayonnaise £6

Brie, cranberry and lettuce **(V)** £5.50

add bacon £1.50

Add hand cut chips or fries £2

Extras

Hand-cut chips £4.25

Fries £4.25

Sweet potato fries £4.50

Cheesy chips/fries £5.75

Onion rings £3.50

Garlic bread £3.50

Cheesy garlic bread £4.50

Desserts

Vanilla cheesecake with strawberry coulis and vanilla ice cream £5.25 **(V)**

Sticky toffee pudding with toffee sauce and vanilla ice cream £5.25 **(V)**

Dark chocolate and hazelnut torte with double cream £5.25 **(V) (GF)**

Selection of ice creams; vanilla, chocolate, strawberry, Devon toffee, pistachio, morello cherry and banana fudge. **(V)** £5 for 2 scoops

Sunday roasts

Available Sundays 12-6

Served with crisp roast potatoes, seasonal vegetables, Yorkshire pudding and homemade gravy.

Norfolk chicken supreme with sage and onion stuffing £12.50

Pork loin with golden crackling £12.50

Swannington Farm to Fork beef topside £13.75

Homemade nut roast with vegetarian gravy £12 (V)

Our menu indicates dishes which are vegetarian (V), vegan (Ve), dairy free (DF) and gluten free (GF).

It may also be possible to adapt other dishes. We have full details of allergens available on request.

Nb. Food marked (V) and (Ve) may have been fried in oil which has also fried meat and fish products